



大埔體育會

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地址：新界大埔安祥路 2 號李福林體育館

會員通訊 (2021.8)

OPR/Mem/NL/2021.8

各位會員：

一. 東京奧運消息

今屆東京奧運會本港代表團取得優異成績，截至 2021 年 8 月 4 日，成績如下：
張家朗奪得劍擊花劍金牌，
何詩蓓奪得女子 100 及 200 米自由泳兩面銀牌，
羽毛球混合雙打鄧俊文及謝影雪進入四強，
乒乓球女子團體賽杜凱琹，蘇慧音，李皓晴進入四強。
其中羽毛球運動員鄧俊文為大埔頭原居民，就讀大埔梁省德小學，自小在本會李福林體育館接受羽毛球訓練。

二. 吐露港渡海泳公開賽

由本會主辦之第 48 屆吐露港公開渡海泳賽定於 2021 年 9 月 26 日舉行，以船灣沙欄海灘為起點，大美督水上活動中心為終點，全程約 2600 米，8 月 13 日截止報名。今年報到地點改在船灣淡水湖堤壩，比賽完後泳員須自行離去。

三. 健身室優惠：

即日起報名本會「健體舞班」可以享有優惠價 100 元購買健身室「早上月票」，使用時間每日上午 9:00-中午 12:00，星期日及公眾假期上午 9:00-下午 1:00。

四. 自備雨傘袋：

為了保護環境，減少使用膠袋，本會即日起停止派發雨傘膠袋，倘遇雨天，請把雨傘放進門外膠桶中或自備雨傘袋。

五. 提早繳交學費：

有部份學員未有在第一節上課前繳費，導師需要利用上課時間翻查報名紀錄，為免浪費上課時間，請學員儘早交學費，舊學員請在每期最後一節之前交下一期學費。

六. 李福林體育館中秋節提早休館

2021 年 9 月 21 日（星期二）中秋節，李福林體育館將提早於晚上 8:00 休館，預祝大家中秋節快樂。

大埔體育會秘書處



Tai Po Sports Association

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Address: Li Fook Lam Indoor Sports Centre, No.2 On Cheung Road, Tai Po, N.T.

Newsletter (2021.8)

OPR/Mem/NL/2021.8

Dear members,

1. News from Tokyo Olympics

1. The Hong Kong delegation has achieved outstanding results at the Tokyo Olympic Games. As of 4th August, 2021, the results are as follows:

Cheung Ka Long won the gold medal in fencing, Siobhan Haughey won two silver medals in women's 100 and 200 meters freestyle, Badminton mixed doubles Tang Chun Man and Tse Ying Suet entered the semi-final, Table tennis women's Team Doo Hoi Kem, So Wai Yum and Lee Ho Ching entered the semi-final.

Among them, badminton player Tang Chun Man is an indigenous resident of Tai Po Tau. He studied at Tai Po Leung Shing Tak Primary School and received badminton training at the Li Fook Lam Indoor Sports Centre.

2. Cross Tolo Harbor Swimming Race

The 48th Cross Tolo Harbor Swimming Race will be held on 26th September 2021. It's a 2,600 meter race with a maximum of 1,300 enrollments. Enrollment closes on 13th August, 2021. This year, the check-in location has changed to the dam of Plover Cove Reservoir. Swimmers must leave by themselves after the race.

3. Discount rate for using fitness centre

Members who enroll in the aerobic dance classes may enjoy a discount rate for using the fitness centre. The \$100 discount ticket for the fitness centre, may be used monthly and only in the mornings from 09:00 to 12:00 daily and from 09:00-13:00 Sundays and public holidays.

4. Bring your own umbrella bags

In order to save the environment, plastic bags are not encouraged. The Sports Centre will no longer provide plastic bags for wet umbrellas while entering the Sports Centre on rainy days. Please place your wet umbrellas in the barrel at the entrance or bring your own umbrella bags.

5. Early Enrollment

Before the commencement of each lesson the relevant instructor is required to spend much time to check the enrollment list to ascertain that all people have previously enrolled. Please enroll early beforehand to avoid wasting training hours.

6. The Sports Centre will close early for Mid Autumn Festival

The Li Fook Lam Indoor sports centre will close at 8:00pm on 21st September, 2021 for Mid-autumn Festival. We wish you a happy Mid-autumn Festival.

The Secretariat, Tai Po Sports Association